

TRAVEL CHECK-LIST

1. Travel Documents

- Passport:** Ensure it's valid for at least 6 months after your return date.
- Visas:** Check if your destination country requires a visa. Apply in advance if necessary.
- Travel Insurance:** Purchase a policy covering health, trip cancellations, and lost baggage.
- Flight Tickets:** Double-check booking details and have copies (printed/electronic).
- Accommodation Details:** Confirm reservations, addresses, and contact numbers.
- Emergency Contacts:** Make a note of embassies, local emergency numbers, and contacts.
- Photocopies of Important Documents:** Copy passport, visa, tickets, insurance, and keep separately from originals.
- Health & Vaccination Records:** Have necessary documents or proof of vaccinations (if required).
- International Driver's Permit:** If you plan to rent a car, check if needed.

2. Money and Payments

- Credit/Debit Cards:** Inform your bank of your travel dates and locations to avoid fraud alerts.
- Local Currency:** Carry some cash for emergencies or small purchases.
- Currency Exchange:** Pre-exchange money or plan to use local ATMs for better rates.
- Money Belt:** Consider a secure, hidden place for cash, cards, and important documents.

3. Packing Essentials

- Clothing:** Pack according to the weather and culture of the destination. Include:
 - Lightweight, breathable clothes (for hot climates).

- Warm layers (for cooler climates).
- Comfortable shoes (walking, sandals, etc.).
- Modest attire (if visiting religious sites).
- Swimwear (if applicable).
- **Undergarments:** Enough for the duration of your trip, with extras.
- **Toiletries:** Toothbrush, toothpaste, deodorant, shampoo, conditioner, soap, etc.
- **Personal Hygiene Items:** Feminine hygiene products, shaving kit, etc.
- **Medications:** Any prescribed medications with copies of prescriptions, over-the-counter medications you may need (pain relievers, motion sickness pills, etc.).
- **First Aid Kit:** Band-aids, antiseptic, allergy meds, etc.
- **Eye Care:** Contact lenses, solution, glasses, and backup.
- **Sunscreen & Bug Repellent:** Especially for tropical or sunny destinations.
- **Hand Sanitizer & Wet Wipes:** For hygiene on the go.
- **Toilet Paper or Tissues:** Especially if traveling to areas with limited facilities.

4. Electronics

- **Smartphone:** With international roaming activated (or buy a local SIM card).
- **Chargers:** For phone, tablet, and any other electronics.
- **Power Bank:** For on-the-go charging.
- **Travel Adapter/Converter:** For electrical outlets that may differ by region.
- **Headphones/ Earbuds:** For entertainment during travel.
- **Camera:** If not using your phone for photos.
- **Laptop/Tablet:** If needed for work or entertainment.
- **Backup USB Stick:** For storing important files or documents.

5. Health and Safety

- ❑ **Vaccinations:** Ensure you've received any necessary vaccinations for the region (e.g., Yellow Fever, Malaria prophylaxis).
- ❑ **Travel Health Kit:** Prescription medications, pain relievers, band-aids, and allergy medicines.
- ❑ **COVID-19 Requirements:** Check for any testing or vaccination requirements based on the destination.
- ❑ **Face Masks and Hand Sanitizer:** Particularly in crowded or high-risk areas.
- ❑ **Health Insurance Card:** With international coverage details.

6. Travel Comfort

- ❑ **Neck Pillow & Blanket:** For long flights or layovers.
- ❑ **Sleep Mask & Earplugs:** For better rest on planes or in noisy environments.
- ❑ **Snacks:** Non-perishable foods like granola bars, nuts, or dried fruit.
- ❑ **Water Bottle:** Stay hydrated (empty before security check at the airport).
- ❑ **Books/Entertainment:** Magazines, e-books, or downloaded content for long flights.
- ❑ **Travel Journal/Notebook:** To document your travels.

7. Before You Leave

- ❑ **Check Flight Details:** Confirm departure time, airport terminal, and gate.
- ❑ **Home Security:** Set timers on lights, arrange for pet care, and lock all doors/windows.
- ❑ **Important Apps:** Download apps for transportation (e.g., Google Maps, Uber, Lyft), translations (e.g., Google Translate), and local guides.
- ❑ **Emergency Plan:** Have a plan for lost luggage, missed flights, and medical emergencies.
- ❑ **Pack Luggage:** Weigh your bags and ensure they meet airline weight restrictions.
- ❑ **Airport/Hotel Transfers:** Arrange transportation or confirm rides from/to airports.

- **Check Weather:** Verify weather conditions at your destination to pack accordingly.

8. On Arrival

- **SIM Card or Wi-Fi:** Purchase a local SIM card or arrange an international plan for your phone.
- **Local Transportation:** Research taxis, trains, or buses from the airport to your accommodation.
- **Stay Safe:** Be aware of local customs and keep valuables in safe places.

9. After Returning

- **Follow-Up on Luggage:** Check if anything is lost or damaged.
- **Check Health:** If you feel unwell after returning, contact a healthcare provider for advice.

BON VOYAGE

Feel free to comment your experience and if any items missed :

<https://letzlearntowin.in/essential-tourist-checklist-do-you-have-it/>